

# Sushi

aka-yagara	cornetfish
ama ebi	sweet shrimp
anago	saltwater eel
ankimo	monkfish liver
awabe	abalone
ayu	sweetfish
huri	adult yellowtail
ebi	shrimp
fugu	blowfish
gindara	sablefish
hamachi	young yellowtail
hatahata	sandfish
hiramasa	yellowtail amberjack
hirame	halibut
hoki gai	surf clam
hon sake	wild salmon
hotate	scallops
ika	squid
kani	crab stick
karei	flounder
katsuo	bonito fish
koi	saltwater carp
maguro	tuna
masu	trout
mekajiki	blue marlin
nijimasu	rainbow trout
okoze	stonefish
saba	mackerel
sake	salmon
sawara	Spanish mackerel
sazae	conch
seigo	young sea bass
shira-uo	whitebait
shiro maguro	albacore
suzuki	sea bass
tai	red snapper
tako	octopus
taraigai	razor clam
torigai	cockle
toro	fatty tuna
unagi	eel



## Sushi Components

gari	pickled ginger
goma	sesame seeds
hoya	sea pineapple
ikura	salmon roe
kazunoko	herring roe
masago	smelt roe
nori	dried seaweed
shisho	Japanese mint
takuan	pickled daikon radish
tamago	sweet egg omelette
tarako	Alaskan pollock roe
tobiko	flying fish roe
tomagoyaki	thin sweet omelette
uni	sea urchin
uzura	quail egg
wasabi	Japanese horseradish
yuba	tofu skin